

## Shares Are Limited

We apologize, but we can only offer a limited number of shares. Due to the favorable response, and numerous requests to participate, we are anticipating shares will go very quickly, so if you are interested in participating, please don't delay, sign-up early.

**SIGN-UP BEGINS  
OCTOBER 1ST!**

**2012 CSA Membership Fee  
\$610**

### **SIGN UP EARLY SPECIAL BONUS OFFER**

Sign up before November 30th,  
2011 and receive

**3 Bonus weeks** at the end of the  
season! This is more than  
**50 POUNDS OF FREE  
PRODUCE!**

### **2012 CSA BREAKDOWN:**

21 Main Season weeks  
STARTS MAY 2012



Craig DeBernard, C&T Produce

## Member Comments

*CSA is great and my family eats healthier -  
Amanda*

*"Loved our share, when is sign-up for next  
season?" - Chris*

*"We had sweet corn and cantaloupe (from our  
CSA box) tonight with dinner and both were just  
perfectly ripe and delicious!" - Karen*

*"We are LOVING our box every week! We have  
never eaten so many delicious vegetables... and  
trying all of these "new to us" things is a lot of fun.  
- Tracy*

Please visit our website and read more  
about C&T Produce.

**Sign-up Available Online!**



[WWW.CANDTPRODUCE.COM](http://WWW.CANDTPRODUCE.COM)



## 2012 CSA INFORMATION



EMAIL: [CSAINFO@CANDTPRODUCE.COM](mailto:CSAINFO@CANDTPRODUCE.COM)



## WHAT IS OUR CSA?

2012 CSA Membership Fee  
\$610

[WWW.CANDTPRODUCE.COM](http://WWW.CANDTPRODUCE.COM)

### What is a CSA?

CSA stands for **Community Supported Agriculture**, which is a form of mutual partnership between farmers and consumers. Rather than go through several layers of middle men, consumers make a commitment to directly support an individual farm by providing money, up front, for their yearly operating budget. In exchange they receive a dividend of the freshest produce possible.

### About C&T's CSA?

Over the years our customers have inquired about C&T offering a CSA. In response, we launched our first season this past May! The response has been overwhelmingly positive! We have many happy members who are looking forward to participating in the 2012 CSA.

### CSA WEEKLY SHARE EXAMPLE



### What We Offer

C&T Produce CSA members receive a weekly box of the freshest veggies and fruits available. Not like some CSA's where a lot of your weekly box is greens and unfamiliar items....By helping us with start up costs, you are guaranteed to get the biggest and best of the weekly yield. Tomatoes, Melons, Peaches, Sweet Corn. Lots of variety! Things you will enjoy. Usually a tomato box full, maybe more!!! We use conventional farming techniques...Limited herbicide and pesticide use, read about our growing methods online at our website.

### Pick-ups Locations

Stafford, Fredericksburg and Several Northern Virginia locations. Check our website for details.

[WWW.CANDTPRODUCE.COM](http://WWW.CANDTPRODUCE.COM)

### CSA 2011 Weekly Breakdown

As an example, the following is a breakdown of several 2011 weekly shares. Please note, *there is no guarantee*, it all depends on the crop yield.

**Week 1:** greenhouse tomatoes, red lettuce, green lettuce, asparagus, spinach, swiss chard, radish, strawberries, spring onion

**Week 3:** english peas, snow peas, sugar snap peas, greenhouse tomatoes, strawberries, cucumbers, golden beets, green leaf lettuce, red leaf lettuce, Kohlrabi

**Week 7:** blueberries, blackberries, tomatoes, green tomatoes, beans, cucumbers, carrots, yellow squash, zucchini, potatoes, sweet corn

**Week 11:** tomatoes, sweet corn, 3 varieties of eggplant, cucumbers, peppers, baby tomatoes, peaches, watermelon

**Week 14:** tomatoes, 3 varieties of eggplant, sweet corn, Grape tomatoes, peppers, Watermelon, Peaches, White peaches, Apples

**Week 15:** sweet corn, tomatoes, okra, peaches, Asian pears, potatoes, hot peppers, peppers, watermelon, cantaloupe.

**Week 20:** tomatoes, peaches, apples, pears, cucumbers, peppers, spaghetti squash, butternut squash, hot peppers, eggplant.

